

Gender Identity and Pastoral Care for the LGBTQ+ Community

Catholic Parish and Family Resources

Documentaries:

- **Desire of the Everlasting Hills Movie:** <https://everlastinghills.org/movie/>
Subtitles are available in multiple languages. A downloadable study guide is included.
- **The Third Way: Homosexuality and the Catholic Church**
<https://www.blackstonefilms.co/thethirdway/>

Testimonies:

- **Hudson Byblow's journey with transgenderism**
<http://www.hudsonbyblow.com/en/videos/>
- **Tina's personal testimony** <https://youtu.be/Fxn1Xyj0TFM>
- **A Mother's Story by Mary W.** <https://youtu.be/G7-n8fV-iOM>

Articles:

- **Catholic Answers About Sex, Gender, and Variations in the 21st Century** by Life Teen <https://lifeteen.com/blog/catholic-answers-sex-gender-variations-21st-century/>
- **Why I Don't Self-Identify As Gay, Transgender, or even Straight** by Hudson Byblow <https://lifeteen.com/blog/dont-self-identify/>
- **Journeying with Friends with Same Sex Attractions** by Avera Maria Santo <https://lifeteen.com/blog/author/amsato/>
- **Inside Planned Parenthood's Gender Factory** by Abigail Shrier <https://abigailshrier.substack.com/p/inside-planned-parenthoods-gender>

Websites:

- **Eden Invitation** lists resources for pastoral care, authoritative texts from the Roman Catholic Church, and Catholic ministry organizations with sexuality resources <https://www.edeninvitation.com/sexuality-resources>
- **Courage International** is an apostolate of the Catholic Church, which ministers to persons with same-sex attractions. <https://couragerc.org/>
- **EnCourage** is Courage's resources for parents <https://couragerc.org/resources/#encourage-featured> with an online forum to connect parents with other families who understand their experience and share their commitment to faith <https://couragerc.org/groups/>
- **Truth & Love** offers sound, practical, and pastoral guidance on the topics of homosexuality and sexual identity specifically to clergy, religious, and those lay faithful working in ecclesial ministry, as well as medical and mental health professionals <https://truthandlove.com/>
- **Ruah Woods** offers a Theology of the Body K-12 Curriculum, Psychological Services, and Educator Training Opportunities <https://www.ruahwoods.org/>
- **Chastity Project** offers resources on the Catholic Teaching regarding homosexuality and transgenderism <https://chastity.com/qa/category/homosexuality/>, resources on the topic of gender <https://chastity.com/gender/> and podcasts pertaining to sexuality <https://chastity.com/podcast/>



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- **The Person and Identity Project** provides formation, resources, and pastoral guidance on issues of faith, “gender”, and sexual identity <https://personandidentity.com/>

Film Series:

- **YOU: Life, Love, and the Theology of the Body** by Ascension Press
This is a resource for High School Youth. There is a parent guide, leader guide, and student guide <https://ascensionpress.com/collections/you-life-love-and-the-theology-of-the-body> The series also comes in a digital version <https://ascensionpress.com/collections/you-life-love-and-the-theology-of-the-body>
- **Theology of the Body for Teens: Middle School edition** by Ascension Press
<https://ascensionpress.com/products/theology-of-the-body-for-teens-middle-school-edition-online-course>
- **Invited to Courageous Love** by Courage International is a five-part film series and study guide that explores Catholic teaching on a wide range of questions connected to same-sex attraction <https://www.youtube.com/watch?v=1DExgPVQG4s> and the entire series can be viewed on Formed at <https://watch.formed.org/invited-to-courageous-love> or can be purchased at <https://couragerc.org/product/invited-to-courageous-love/>

Books:

- **Made For Love** by Fr. Mike Schmitz presents the Catholic teaching on same-sex attraction and same-sex “sexual” relations
<https://www.amazon.com/Made-Love-Same-Sex-Attraction-Catholic/dp/1621642194>
- **Why Gender Matters: What Parents and Teachers Need to Know about the Emerging Science of Sex Differences** by Leonard Sax M.D. Ph.D. leads parents through the mystifying world of gender differences by explaining the biologically different ways in which children think, feel, and act. <https://www.amazon.com/Why-Gender-Matters-Teachers-Differences/dp/0767916255>
- **Made This Way: How to Prepare Kids to Face Today's Tough Moral Issues** by Leila Miller and Trent Horn gives parents and teachers crucial tools and techniques to form children appropriately for their age and maturity level. Topics include: Sex Outside of Marriage, Same-Sex "Marriage", Divorce, Contraception, Abortion, Reproductive Technologies, Modesty, Pornography, Transgenderism and Homosexuality
<https://shop.catholic.com/made-this-way-how-to-prepare-kids-to-face-todays-tough-moral-issues-bulk-order-case-of-20-books/>

Extra Media Resources:

- **Homosexuality, Gay Marriage, and Holiness** with Jason Evert by Ascension Press
<https://youtu.be/bLrRfwpvERU>
- **Homosexuality, Marriage Equality, LGBTQ rights, and the Call to Love** with Jason Evert https://www.youtube.com/watch?v=hdh8ZK_qpRw
- **The Church and Homosexuality** with Fr. Mike Schmitz on the Pints with Aquinas Podcast <https://pintswithaquinas.com/the-church-and-homosexuality-with-fr-mike-schmitz/>



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